

Local Area Coordination

Family, Friends, Community

Supporting people to stay strong in their local communities

What is Local Area Coordination?

Local Area Coordinators support older people, disabled people, people with mental health difficulties, and their families and carers to:

Build their vision for a good life

Stay strong and connected

Feel safer and more confident in the future

What does a Local Area Coordinator do?

Local Area Coordinators take time to get to know people, their families and communities.

They support people to:

- · Access information in a variety of ways
- · Be heard, be in control and make choices
- · Identify peoples' personal strengths, goals and needs
- · Find practical ways of doing to the things people want or need to do
- · Develop and use personal and local networks
- · Plan for the future
- · Be part of and contribute to communities
- · Access support and services if required

What people say about Local Area Coordination

"They don't judge, assess or tell me what to do. It's about me."

"The Local Area Coordinator has listened to all the issues affecting me, normally services want to pass me on to someone else; the LAC has helped."

"They take time to get to know us, our family, our community and our circumstances"

"They support and challenge us to do things for ourselves – this has helped me build confidence, to solve more of my own problems and to need services less"

For more information contact:

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